Aphasia Friendly Hurricane Disaster Kit

Hurricane Season: June 1 - November 30 Put all items in a plastic bin for easy access.



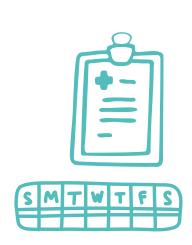
Food

Non-perishable food for 3 days minimum, plus a can opener. Include paper plates, plastic utensils and cups to save water.



Water

One gallon of water per person per day for 3 days minimum. Fill the bathtub for water to flush the toilet and personal grooming.



Medications

A 7-day supply of medications, plus list of medications and pharmacy information.



Communications

Cell phones and charging banks.



Battery & Crank Powered

Weather radio and flashlights, plus batteries. Battery operated pucks are perfect for this.

Health Care

Glasses, contacts, hearing aids & batteries, and feminine hygiene products are examples.





First Aid Kit

Medical thermometer,
bandages, gauze,
disposable gloves,
sunscreen and mosquito
repellent are examples.



Sanitation

Wet Wipes, hand sanitizer, toilet paper and garbage bags are examples.

Fire

Matches in a waterproof container and a fire extinguisher.







PPE

Dust mask, disposable gloves, plastic sheeting and duct tape are examples.



Signal for Help

A whistle or a mega phone are handy for calling for help.



Important Information

Emergency contact information, cash, and copies of personal documents in a waterproof container.



Pets

Food and water for your pet. 1/2 gallon of water per pet per day for 3 days minimum.





